



eCAMPUS ONLINE UNIVERSITY

FACULTY OF PSYCHOLOGY

DIDACTIC REGULATION

BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS

Degree Class L-22

Via Isimbardi 10, Novedrate (Como)



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DIDACTIC REGULATIONS
BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS

Introduction and area of competence

1. The present Regulation shall regulate the didactic organization of the Course of Study in Physical Education and Sport L22 and, in particular, shall determine the elements required by art. 12 of DM 270/04.
2. The present didactic Regulation of the Degree Course in Physical Education and Sport L22, pursuant to the academic Didactic Regulation, was deliberated by the competent didactic structure by majority of its members and submitted to the approval of the Technical-Supervisory Committee.



I: PURPOSES AND DIDACTIC RULES

Art. 1 – Introduction

1. The Degree Course in Physical Education and Sports (hereinafter referred to as DC) belongs to the Degree Class L22 provided for in D.M. 270/2004.
2. The administrative authorities of the DC shall be the following:
 - a. The Coordinator shall be a teacher appointed by decision of the Technical-Supervisory Committee and shall hold a coordinating function.
 - b. In addition, the Coordinator shall be assigned duties of promotion and verification of the quality and of the unity of the didactic activities of the DC. The Council of the DC shall be comprised of teachers who are entitled to at least one didactic activity.
3. The didactic rules of the Degree Course in Educational Sciences along with its general reference framework of formative activities, shall be contained in the attachments which form an integral part of the present Regulation (Attachments 1-5).
4. The present Regulation, pursuant to the academic Didactic Regulation, and to the other didactic regulations, shall regulate the didactic organization of the Degree Course on the elements which were not defined in the aforementioned Regulations.

Art. 2 – Structure of the Degree Course

1. The DC belongs to the Faculty of Psychology.
2. The DC is organized into three years, shall provide for the acquisition of 180 CFU, and aims at providing theoretical and methodological scientific basis within the area of physical activities and sports. Upon completion of the studies, having acquired the 180 CFU the students shall be conferred the following study title: “Doctor in Physical Education and Sports”. The DC aims at providing the students with knowledge in the biomedical, psycho-socio-pedagogical, economical-managerial, juridical and historical-cultural areas of expertise which, along with characterizing knowledge in sport and physical activity, shall provide the student with the competencies needed in order to organize and realize a number of interventions for the promotion of the physical activity oriented at the recovery of the motor skills, the improvement of the sport performances and the



development of initiatives and educational and recreational projects. The didactic rules of the Degree Course, along with its general reference framework of formative activities, the CFU assigned to each formative activity, drawn up according to a framework defined by ministerial decree and with due regard for the requirements of ANVUR, are contained in Attachment 1, which forms an integral part of the present Regulation.

3. The course of study in Physical Education and Sports shall include formative activities groups in the following typologies:

- a) basic formative activities;
- b) characterizing formative activities;
- c) supplementary formative activities;
- d) formative activities chosen by the students (optional);
- e) formative activities related to the final dissertation;
- f) formative activities for the development of further linguistic competences, for eventual formative internships, informatics, telematic and relational abilities.

4. The course profiles of each formative activities shall be available on the website of the University, at the following link:

<https://www.uniecampus.it/en/students/search-for-a-member-of-teaching-staff/>

Art. 3 – Specific formative objectives and description of the educational path

1. The DC is organized into three curricula

- Physical Education and Sports (basic)
- Sport and Football Management

the first curriculum is related to education, rehabilitation and motor strengthening, while the second is focused on developing the skills useful for the management and the technical-administrative direction of a sports association.

2. The present Regulation shall be completed with four documents attached annually prepared in the process of activation of the DC:

- a. In **Attachment 1** shall be indicated the general framework of the formative activities;



- a. In **Attachment 2** shall be indicated the formative activities proposed along with the list of the teaching courses and the study plan;
 - b. In **Attachment 3** shall be indicated the regulation on internships;
 - c. In **Attachment 4** shall be indicated the guidelines established by the faculty for the elaboration of the final dissertation;
 - d. In **Attachment 5** shall be indicated the Syllabus for the OFA.
3. All the information required by the current legislation such as the formative objectives of the course of study and the activated formative activities, the list of the teachers involved in the DC, shall be published on the University website and on the Course Profile. In particular, the CV of the teachers along with the course profile shall be made available in the Teacher's Profile (Search for a member of the teaching staff) of the University.
 4. The programmes of the courses and the other formative activities, as well as the calendar of the exams shall be announced before the beginning of the academic year.
 5. The formative activities, autonomously chosen by the student, provided for in Article 2 paragraph 4, letter d, shall be selected among the teachings indicated in Attachment 2, and shall not be submitted for the approval of the council of the Degree Course.
 6. For all the matters related to their academic career and their study plans, the students shall turn to the orientation tutor assigned to them, also known as tutor on-line (TOL). The Degree Course, in fact, shall offer an ongoing orientation and tutoring service which avails itself of the assistance of tutors selected by the University and operating in conjunction with the coordinator and the Council of the Course of Study.
 7. There are no planned preparatory activities with regard to the education path.
 8. The Plan of Study of the Degree Course in Physical Education and Sports provides for the implementation of an internship period, aimed at the comprehension of the link between theory, professional practice and the learning of practical-methodological procedures attributable to the cultural-scientific area of interest of the Degree Course. The activities of the internship for the Degree Course shall be of 300 hours for the second year (equivalent to 12 CFU) and of 325 hours for the third year (equivalent to 13 CFU). The purposes and the activities related to the curricular internship shall be defined in the relative regulation (See



Attachment 3).

Art. 4 – Learning Results

1. The Bachelor's Degree Course in Physical Education and Sports aims at developing the following knowledge and abilities:

Knowledge and comprehension

The specific formative activities provided for in the didactic regulation shall provide the students with knowledge on the biomedical, psycho-socio-pedagogical, economical-managerial, juridical and historical-cultural areas of expertise, along with characterizing knowledge in sports science and physical education, functional to design, manage and evaluate all the types of physical activities related to both to the strengthening/rehabilitation of the motor, and to the development of educational initiatives and projects of the re-creational kind. In particular, the courses related to the degree course shall be implemented through interactive tools, providing constant interaction between the students and the teachers/tutors. The knowledge and comprehension of the subject matters shall be verified through partial examinations and final written and/or oral examinations.

Applying knowledge and comprehension

The graduates shall acquire application capabilities for the development of motor activities protocols aimed at educational and recreational projects, as well as at the strengthening of the motor abilities. The students shall also have the possibility to acquire competencies related to the psycho-pedagogical, biomedical, economical-managerial and cultural fields of expertise. In particular, the courses related to the degree course shall be implemented through interactive tools, providing constant interaction between the students and the teachers/tutors. The knowledge and comprehension of the subject matters shall be verified through partial examinations and final written and/or oral examinations.

Making judgements

On the basis of the theoretical, technical and practical competencies acquired, the graduates shall be able to:

- Operate independently their choices analyzing quality, value and significance of the training programmes in relation to age, gender, psycho-physical conditions, as well as other specific characteristics, and of the kind of physical activity in relation to the objectives.



- Evaluate the features and the level of criticality of the different contexts for practicing motor activities, identifying eventual situations of distress and addressing the subject to other professional figures.
- The courses related to the subjects areas of Law, Physical Education, and Sports shall enable the students to evaluate the criminal and civil responsibilities, as well as the deviant behaviour of the professional operators. Thanks to the implementation of courses related to the subject area of psychology and socio-pedagogy, the graduate shall be able to manage groups and single individuals practicing sports activities in all the growth phases and within an ever-changing social context. Through the specific preparation in terms of administration-management, the graduate shall be enabled to assume a role of coordination and management of sports structures.

The modality of acquisition of the autonomy of judgement shall be strengthened and evaluated through critical re-elaboration, and through the didactic activities provided in the online platform.

Communication Skills

The students shall acquire communication skills, so as to motivate, involve and reassure their users. All the aforementioned abilities shall be developed through individual and group didactic activities, validating the achievement of the objectives of Degree Course. Activities such as multimedia presentation shall be provided in the form of seminars, Journal Clubs, or online. The modality of acquisition of the communication abilities shall be intensified and evaluated through interactive didactics tools and the activities related to the internship or the preparation of the final dissertation, shall be constantly monitored by a teacher or a didactic tutor.

Learning skills

The students, during the entire formative pathway, shall be punctually reminded of the necessity of a continuous scientific professional update, even during the conclusion of their academic career. During the formative pathway, the students shall be provided with cultural and operational tools in order to gain access to technical and scientific databases. In particular the modality of acquisition of the learning skills shall be strengthened and evaluated through different teaching methods and a theoretical-practical approach. In the first case, along with the interactive didactics, shall be organized seminars on the method of study. The ability to understand procedures and techniques shall be strengthened and evaluated through seminars, workshops and internships.



Art. 5 – Professional figures, sources of employment and education prospects

1. Education prospects for the graduates:

The DC in Physical Education, and Sports enables the continuation of the studies through a Master's Degree in the following classes LM-47 (Organization and Management of Sports and Motor Activities), LM-67 (Sciences and Techniques of Preventive and Adaptive Motor Activities), LM-68 (Sciences and Techniques of Sport).

2. Professional figures and sources of employment:

The sources of employment provided for by the Degree Course in Physical Education, and Sports shall be the following:

- Mediator in the health risk prevention
- Operator in technical-sports information
- Organization and promotion of free time activities in various age groups
- Education activities aimed at preserving personal health
- Consultant and operator in sports societies, gyms and/or sports centers
- Physical trainer and expert in programming training activities
- Manager of sports structures

With reference to the ISTAT codification, the DC shall enable the students to pursue the following careers:

- Instructor of non-competitive sports disciplines (3.4.2.4.0)
- Sporting event planner (3.4.2.5.1)
- Sports selector (3.4.2.5.2)
- Trainers and Sport Technician (3.4.2.6.1)
- Professional educators (3.2.1.2.7)

Art. 6 – Admission and enrolment

1. The students who intend to enrol in the DC shall be in possession of a secondary school certificate or another qualification attained abroad and recognized as suitable pursuant to the current legislation;

2. Subject to the admission requirements in the examinations shall be evaluated the following knowledge and competencies: basic knowledge and competencies in the following sectors:



anatomy, physiology, chemistry, biology, Physics, and proficiency in the Italian and English languages.

The possession of said knowledge and competencies shall be evaluated with the modalities provided for in the following paragraph.

3. The knowledge and competencies provided for in the previous paragraph shall be verified through a non-selective test provided for in the online platform of the University. Eventual negative results of the non-selective tests shall not preclude the matriculation and attendance to the lectures, and shall implicate the attribution of additional training requirements (OFA), aimed at the fulfilment of the identified lack. Eventual negative results of the non-selective tests shall not preclude the matriculation and attendance to the lectures, and shall implicate the attribution of additional training requirements (OFA), aimed at the fulfilment of the identified lack. The OFA shall be considered absolved for the incoming students requesting for the recognition of CFU for their previous academic career.

Sectors and exams exonerating the students from the OFA:

- **OFA Italian language and English language:** English language, Italian Literature; SSD L-FIL-LET/10; Contemporary Italian literature SSD L-FIL-LET/11; Italian linguistics, History of the Italian language SSD L-FIL-LET/12; Textual criticism, Philology of Italian Literature SSD L-FIL-LET/13.
- **OFA Science:** Human Anatomy (BIO/16); Physical phenomena: preventing, diagnosing and curing (FIS/07); Fundamentals of Biology (BIO/10); Biochemistry (BIO/13).

4. The test provided for in paragraph 3 shall be carried out pursuant to the procedures provided for in the academic VLE.

5. The OFA, required for the students failing the non-selective test provided for in the previous paragraph, shall consist in the telematic frequency in the University's Virtual Learning Environment. The OFA, which shall be fulfilled within the first year of the degree course, provide for a proficiency test for each remedial course.

6. The test provided for in the previous paragraph shall be carried out in the VLE of the University .

7. There shall not be any limits to the possibility of enrolment as 'studente fuori corso', nor a maximum number of repeatable years.

8. The recognition of the CFU of the incoming students as well as the quantification of the minimum number of CFU that the students shall attain in an academic year in order to continue the



course of study to another academic year, shall be established in the related Academic Regulations.

The Committee for the Study Plans, appointed by the Council of the Degree Course, shall provide for the assessment of the applications for recognition of the previous academic career or of the individual courses equivalent to the teachings, which are part of the training offer of the Degree Course.

Art. 7 - Examinations and tests

1. For each formative activity shall be provided an examination, upon completion of the didactic activities represented by the learning objects present in the VLE.
2. The examination and the final evaluations needed for the attainment of the title shall not be more than 19. For the purpose of the calculation shall be considered the following formative activities:
 - a. basic;
 - b. characterizing;
 - c. supplementary;

In addition to the aforementioned activities, shall be required the following formative activities:

- d. optional;
- e. related to the final dissertation;
- f. further linguistic knowledge, eventual formative internships, IT, telematic and relational abilities.

The examinations shall consist in a test structured in conformity with what is provided for in the “Regulation for the implementation of the examination” and with due regard for the following rules:

- a. The examination shall be organized so as to evaluate the knowledge, the comprehension, and the application of the examination subjects, demonstrating the proficiency of the student in the didactic units/thematic units of the related teaching.
- b. The final evaluation shall take into account the results of the partial examinations, carried out with due regard for the Academic Regulations, in which case the teacher shall specify in the “course profile” the kind of activity, the modalities and the criteria of evaluation.



3. The professor in charge of the teaching, before the beginning of each academic year, and with due regard for the general regulation of the University, shall communicate the modalities for the examination, the assessment criteria and the possibility to carry out partial examinations. The manner in which the examination shall be carried out shall be the same for all the students with due regard for what has been established at the beginning of the academic year.
4. Eventual partial verifications shall not replace the final examination
5. With regard to the implementation of the examinations shall be applicable the rules provided for by the Academic Regulation.

Art. 8 — Duration

1. See the rules provided for in the Academic Regulation.

Art. 9— Mobilità e studi compiuti all'estero

1. The Degree Course in Physical Education and Sports, in line with the provisions of the University shall promote the exchange of teachers and students through international cooperation and bilateral agreements. In this regard see the indications published on the website of the University on the International Cooperation and the Erasmus Policy at the following link: <https://www.uniecampus.it/ateneo/cooperazione-internazionale/index.html>.

Art. 10— Final Dissertation

1. The final dissertation shall be written by the student with the supervision of a teacher of the Faculty of Psychology or of an external teacher entitled to one of the teachings provided for the Bachelor's Degree Course in Physical Education and Sports (L-22). The elaboration of the final dissertation, shall begin at least six months before the date estimated for the discussion, in order to guarantee its accuracy. The discussion of the final dissertation shall consist in the presentation of a written dissertation realized by the student under the guidance of a supervisor with due regard for and with the procedures provided for in the related Academic Regulations and in the guidelines of the Faculty of Psychology (see Attachment 3).



2. The final dissertation shall focus on any subject related to one or more formative activities of the following typology:
 - a. basic;
 - b. characterizing;
 - c. supplementary;
 - d. optional; provided for in art 2 paragraph 4, among those activated in the DC and registered in the student's study plan.
3. The subject research of the final dissertation shall be specific and well-defined in order to optimize the time available. The quality as well as the contents of the dissertation shall be guaranteed.
4. The final dissertation may be written in a foreign language previously agreed upon with the supervising professor and the Coordinator of the Degree Course. In such case the student shall provide a detailed summary of the dissertation in Italian.
5. The final dissertation, evaluated on the basis of definite parameters (such as competence in the bibliographic research, autonomy, quality of the dissertation) shall be assigned a maximum of 6 points.

Art. 11 — Attainment of the Degree

1. The student shall attain the Degree having acquired at least 180 CFU; and upon completion and discussion of the final examination (final dissertation).
2. With regard to the conditions for the admission to the final dissertation, the degree examination board, the implementation of the examination and the final grade see the Academic Regulation for the final dissertation.
3. The secretariat upon request, shall provide the graduate students with the Diploma Supplement, which shall describe the category, the level, the context, the content and the status of the studies carried out in accordance with the standard eight-point plan developed on the initiative of the European Commission, the European Council and of the UNESCO.



II - OPERATIVE RULES

Art. 12 - Obligations related to frequency

1. Frequency in the activities carried out in the various branches of the University is not mandatory.
2. The students shall be admitted to the examination related to a determined teaching only after having implemented all the online learning objects making up the course.
3. The DC shall provide for the enrolment as part-time student, for all the qualified students, pursuant to what is regulated in the Academic Regulations

Art. 13 - Enrolment to the following years, transfer and withdrawal from the studies

1. See the rules provided for in the Academic Regulations.

Art. 14 - Recognition of incoming CFU

1. See the general regulations provided for by the University; along with the opinion of the DC if the aforementioned regulation shall require so.

Art. 15 – Access to the following year of the course

1. See the rules provided for in the Academic Regulations

Art. 16 - Dispositions for the students

1. The DC shall apply the rules provided for by the University regulating the frequency to the formative activities, the number of the credits to be acquired for the enrolment to the following course year; the requirements for the implementation of outsourcing education, and all the actions aimed at an effective learning. In this regard see the Student Regulation, the website page on the LDs and the Erasmus Policy of the University.

Art. 17 - Assessment of the Didactic Activity

1. The DC shall implement forms of assessment of the quality of the didactic activities provided for by the current legislation with the modalities and the deadlines provided for by the University's Quality Assurance Committee.



Art. 18 - Flexibility of the learning pathway

1. The Degree Course in Physical Education and Sports (L-22) with the collaboration of the online tutors (OT) proposes orientation and tutoring activities in relation to the individual study plan, of the optional formative activities and with regard to the implementation of the curricular internship, promoting a student-centred approach to learning focused on encouraging the assumption of an active role in the definition and in the time frame of the learning pathway. The DC shall promote a collaboration with the disciplinary tutors whom, coordinating with the teachers in charge of the course, shall have the task of supporting the preparation of the didactic materials and of the partial examinations, guaranteeing the possibility to implement flexible learning pathways. Finally, the student shall have the possibility to enrol in the DC and to take advantage of the formative offer at any time of the academic year and to carry out the examinations during the seven examination sessions, provided for in the academic calendar.



III - FINAL AND TRANSITIONAL REGULATIONS

Art. 19 — Amendments to the Regulation

1. Any amendment to the present Regulation shall be proposed by the Coordinator of the DC or by at least one third of the members of the Council of the DC or at least one third of the members of the Council of the DC and shall be approved by absolute majority and, successively, by the Technical Supervisory Committee.
2. In case of failure to approve the amendment, the proponent shall send a response, along with a report describing its motivations directly to the Technical Supervisory Committee.
3. The modifications to the present regulation, subject to the verification of their conformity to the Academic Regulations shall be issued by Decree of the President of the Technical Supervisory Committee.
4. Eventual legislative acts compatible with the Academic Regulation and incompatible with what is stated in the present regulation shall be applicable even in the absence of an expressed modification, but shall determine the immediate beginning of the procedure provided for in the first paragraph of the present article.
5. Eventual interpretive or applicative problems resulting from the succession of the Regulations in the course of time shall be the subject of a specific assessment on the part of the DC.

Art. 20 - Transitional regulations

1. The present regulation shall be applicable from the academic year 2018/2019.



ATTACHMENT 1

General framework of formative activities

Introduction

The Bachelor's Degree Course in Physical Education And Sports shall provide its didactic contents mainly through the online platform of the University. The students shall not take an entrance exam, since the course does not require the *numerus clausus*.

The organization of the formative offer shall provide for the acquisition of bio-medical, psycho-socio-pedagogical, economic-managerial, juridical-historical-cultural knowledge, which shall be flanked to characterizing knowledge related to sports science and physical education, providing the students with the competencies needed in order to organize and realize a number of interventions for the promotion of the physical activity oriented at the recovery of the motor skills, the improvement of the sport performances and the development of initiatives and educational and recreational projects.

The course is organized into two main curricula: one is dedicated to the aspects of education, re-education and motor strengthening (basic curriculum); the other is focused on the competencies related to the management and the direction of sports structures (curriculum sport and football management). In particular, the latter is aimed at the acquisition of competencies needed for the technical-operational and economical-administrative direction of sports structures and organizations.

In both the curricula the distribution of the teaching courses in different disciplinary areas is meant for allowing a gradual access to the technical and qualifying contents enabling the students to familiarize with the formative pathway, preventing any chance of dropout.

The formative path shall be integrated with internships in various facilities specialized in various sectors dealing with Physical Education, such as fitness and wellness, athletic preparation, preventive gymnastics, as well as organization and management. In addition, the Degree Course shall enable the student to carry out formative periods abroad through the ERASMUS+ European programme.

The study plan (both curricula) shall allow the acquisition of 24 CFU in anthrop-psycho-pedagogical subjects and in didactic methodologies and technologies, as teaching preparation. Upon completion of the formative path each student, shall access to new working experiences, which shall

enable them to continue successfully their studies.

Basic Activities

| Subject Area | Sector | CFU | | Minimum by D.M. for the area |
|---------------------------------------|--|-----|-----|------------------------------------|
| | | min | max | |
| Physical Disciplines and Sports | M-EDF/01 Physical Activities: Methods and Didactics M-EDF/02 Sports Activities: Methods and Didactics | 10 | 18 | 10 |
| Biomedical | BIO/09 Physiology BIO/10 Biochemistry BIO/13 Applied Biology BIO/14 Pharmacology BIO/16 Human Anatomy BIO/17 Histology FIS/07 Applied Physics (cultural and environmental heritage, Biology and Medicine) MED/01 Medical Statistics | 18 | 24 | 18 |
| Psychology, Pedagogy and Sociology | M-PED/01 General and Social Pedagogy M-PED/02 History of Pedagogy M-PSI/01 General Psychology | 10 | 15 | 10 |

| | | | | |
|---|---|----|---|---|
| | M-PSI/04 Psychology of development and Psychology of education SPS/07 General Sociology | | | |
| Law, Economy and Statistics | IUS/09 Principles of Public Law SECS-P/01 Political Economy SECS-P/07 Business Administration | 4 | 6 | 4 |
| Minimum credits reserved by the University by D.M. 42: | | 42 | | |

| | |
|-------------------------------|---------|
| Total Basic Activities | 42 - 63 |
|-------------------------------|---------|

Characterizing Activities

| Subject Area | Sector | CFU | | Minimum by D.M. for the area |
|---------------------------------|--|-----|-----|------------------------------|
| | | min | max | |
| Physical Disciplines and Sports | M-EDF/01 Physical Activities: Methods and Didactics M-EDF/02 Sports Activities: Methods and Didactics | 24 | 27 | 24 |
| Medical and Clinical | BIO/12 Clinical Biochemistry and Clinical Molecular Biology ING-IND/34 Industrial Bioengineering ING-INF/06 Electronic and IT Bioengineering MED/04 General Pathology MED/09 Internal Medicine MED/13 Endocrinology | 6 | 15 | 6 |

| | | | | |
|---|---|----|----|---|
| | MED/33 Disorders of the Locomotor System MED/34 Physical Medicine and Rehabilitation MED/39 Infantile Neuropsychiatry | | | |
| Psychology, Pedagogy and Sociology | M-PED/03 Didactics and Special Pedagogy M-PSI/02 Psychobiology and Physiological Psychology M-PSI/05 Social Psychology | 6 | 9 | 5 |
| History, Law and Economy | IUS/01 Private Law M-STO/04 Contemporary History SECS-P/08 Economy and Business Management SECS-P/10 Business Organization | 6 | 9 | 4 |
| Biologico | BIO/09 Physiology BIO/10 Biochemistry BIO/16 Human Anatomy | 9 | 12 | 9 |
| Minimum credits reserved by the University by D.M. 48: | | 51 | | |

Total Characterizing Activities

51 - 72

Supplementary Activities

| Subject Area | Sector | CFU | | Minimum by D.M. for the area |
|--------------------------|--|-----|-----|------------------------------------|
| | | min | max | |
| Supplementary Activities | BIO/09 - Physiology | 18 | 24 | 18 |
| | M-PSI/06 – Labour Psychology | | | |
| | M-STO/04 – Contemporary History | | | |
| | MED/16 - Rheumatology | | | |
| | MED/33 - Disorders of the Locomotor System | | | |
| | MED/34 - Physical Medicine and Rehabilitation | | | |
| | MED/38 – General and Specialized Paediatrics | | | |
| | MED/49 – Applied Nutrition Sciences | | | |
| | SECS-P/08 – Economy and business management | | | |

Total Supplementary Activities

18 - 24

Other Activities

| Subject Area | | CFU min | CFU max |
|--|---|--------------------|--------------------|
| Optional | | 12 | 12 |
| Final Dissertation and Knowledge of a Foreign Language (art. 10, comma 5, lettera c) | For the final dissertation | 5 | 10 |
| | For the knowledge of at least one foreign language | 3 | 4 |
| Minimum credits reserved by the University, art. 10, paragraph 5 lett. c | | - | |
| Further Formative Activities | Further Linguistic Knowledge | - | - |
| (art. 10, paragraph 5, letter d) | IT and telematic abilities | - | - |
| | Internship | 25 | 26 |
| | Further knowledge useful for the integration into the labour market | 0 | 1 |
| Minimum credits reserved by the University art. 10, paragraph 5 lett. d | | | |
| For the internship | | - | - |

Total Other Activities

45 - 53

| | |
|--|------------|
| Total CFU for the attainment of the title | 180 |
|--|------------|

ATTACHMENT 2

LIST OF THE COURSES (STUDY PLAN)

| PHYSICAL EDUCATION AND SPORTS - L-22 - Basic Curriculum | | | | |
|---|---|------------------------------------|--|-----|
| SSD | | | Exam | CFU |
| 1st Course Year | | | | |
| M-PSI/01 | A | Psychology, Pedagogy and Sociology | General Psychology and Psychology of Physical Activity | 6 |
| M-EDF/01 | A | Physical Disciplines and Sports | Theory and methodology of human movement | 12 |
| BIO/10 | A | Biomedicine | Biochemistry | 6 |
| BIO/13 | A | Biomedicine | Fundamentals of Biology | 6 |
| M-EDF/02 | B | Physical Disciplines and Sports | Didactics of Individual and Team Sports | 12 |
| M-EDF/01 | B | Physical Disciplines and Sports | Didactics of Physical Activities in the Developmental Age and in Elderly | 6 |
| FIS/07 | A | Biomedicine | Physical Phenomena: prevention, diagnose and cure | 9 |
| | | art.10, paragraph 5, letter d | English Language | 3 |
| 2nd Course Year | | | | |
| MED/33 | B | Medical Clinical | Biomechanics | 6 |
| M-EDF/02 | B | Physical Disciplines and Sports | Theory and methodology of training | 6 |
| MED/34 | C | Supplementary Activities | Physical medicine and rehabilitation | 9 |
| MED/33 | B | Medical Clinical | Disorders of the locomotor system | 9 |
| BIO/16 | B | Biological | Human anatomy | 12 |
| | | Optional | Optional exam | 6 |
| | | art.10, paragraph 5, letter d | Internships | 12 |
| 3rd Course Year | | | | |
| BIO/09 | C | Supplementary Activities | Physiology | 9 |
| M-PSI/04 | A | Psychology, Pedagogy and Sociology | Psychology of the life cycle | 6 |
| M-PSI/02 | B | Psychology, Pedagogy and Sociology | Psychobiology and physiologic psychology | 6 |
| IUS/09 | A | Law, Economy and Statistics | Public law | 6 |
| IUS/01 | B | History, Law and Economy | Private Law and Sports Law | 6 |
| | | Optional | Optional | 6 |
| | | art.10, paragraph 5, letter d | Workshop on doping | 1 |
| | | art.10, paragraph 5, letter d | Internship | 13 |
| | | | Final Dissertation | 7 |
| | | Optional | | 12 |
| M-PSI/05 | | | Health psychology | 6 |
| M-EDF/01 | | | Functional movement assessment | 6 |
| M-EDF/02 | | | Theory and didactics of swimming | 6 |
| M-EDF/01-2 | | | Practical workshops | 6 |
| M-EDF/02 | | | Theory, techniques and didactics of football | 6 |
| SECS-P/07 | | | Sports Business Management | 6 |
| SPS/07 | | | Sociology of Sports and Health | 6 |
| M-PED/03 | | | Sports Pedagogy | 6 |

| PHYSICAL EDUCATION AND SPORTS - L-22 - Sport and Football Management Curriculum | | | | |
|---|---|------------------------------------|--|-----|
| SSD | | | Exam | CFU |
| 1st Course Year | | | | |
| M-PSI/01 | A | Psychology, Pedagogy and Sociology | General Psychology and Psychology of Physical Activity | 6 |
| M-EDF/01 | A | Physical Disciplines and Sports | Theory and methodology of human movement | 12 |
| BIO/10 | A | Biomedicine | Biochemistry | 6 |
| BIO/13 | A | Biomedicine | Fundamentals of Biology | 6 |
| M-EDF/02 | B | Physical Disciplines and Sports | Didactics of Individual and Team Sports | 12 |
| M-EDF/01 | B | Physical Disciplines and Sports | Didactics of Physical Activities in the Developmental Age and in Elderly | 6 |
| FIS/07 | A | Biomedicine | Physical Phenomena: prevention, diagnose and cure | 9 |
| | | art.10, paragraph 5, letter d | English Language | 3 |
| 2nd Course Year | | | | |
| MED/33 | B | Medical Clinical | Biomechanics | 6 |
| M-EDF/02 | B | Physical Disciplines and Sports | Theory, techniques and didactics of football | 6 |
| M-STO/04 | C | Supplementary activities | History of Sports and of Sports Journalism | 9 |
| MED/33 | B | Medical Clinical | Disorders of the Locomotor System | 9 |
| BIO/16 | B | Biological | Human Anatomy | 12 |
| | | Optional | Optional | 6 |
| | | art.10, paragraph 5, letter d | Internship | 12 |
| 3rd Course Year | | | | |
| SECS-P/07 | A | Law, Economy and Statistics | Sports Business Management | 6 |
| SPS/07 | A | Psychology, Pedagogy and Sociology | Sociology of Sports and Health | 6 |
| M-PSI/05 | B | Psychology, Pedagogy and Sociology | Health Psychology | 6 |
| SECS-P/08 | C | Supplementary activities | Sports Business Management | 9 |
| IUS/01 | B | History, Economy and Law | Private Law and Sports Law | 6 |
| | | Optional | Optional | 6 |
| | | art.10, paragraph 5, letter d | Workshop on doping | 1 |
| | | art.10, paragraph 5, letter d | Internships | 13 |
| | | | Final dissertation | 7 |
| | | Optional | | 12 |
| M-EDF/02 | | | Theory and didactics of swimming | 6 |
| M-PSI/02 | | | Psychobiology and physiologic psychology | 6 |
| M-PSI/04 | | | Psychology of the life cycle | 6 |
| M-EDF/02 | | | Theory and methodologies of training | 6 |
| IUS/09 | | | Public Lay | 6 |
| M-EDF/01-2 | | | Practical workshops | 6 |
| M-PED/03 | | | Sports Pedagogy | 6 |



ATTACHMENT 3

REGULATION ON CURRICULAR INTERNSHIP BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS

The Study Plan of the Bachelor's Degree Courses in Physical Education and Sports (L22 Class) of eCampus University shall give special priority to the curricular internship, with aiming to have the students experiment their skills in the labour market as an addition to their academic education.

The curricular internship shall consist in a period of practical activity aimed exclusively at the attainment of the CFU needed for the successful completion of the formative path of the degree courses. The internship shall be carried out at public or private structures affiliated to the University, at eCampus University, at research centres of eCampus University or at other Italian or foreign Departments and Institutes of engineering disciplines, with the supervision of a didactic tutor and of a company tutor who shall guide the students during their internship period.

The regulation of the curricular internship of the Bachelor's Degree in Physical Education and Sports shall be published in the following web page:

<https://www.uniecampus.it/studenti/stage-e-placement/stage-e-tirocini/regolamenti-tirocini/index.html>



ATTACHMENT 4

GUIDELINES FOR THE FINAL DISSERTATION

BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS

The final dissertation shall demonstrate the knowledge and competencies acquired by the students during the Degree Course, re-elaborating a subject of study adopting a logic-expositive style proper to the scientific community. The Final Dissertation shall be developed under the guidance of a professor of the Faculty, pursuant to the guidelines for the development of the final dissertation, published online to the following address:
<https://www.uniecampus.it/studenti/segreteria-studenti/prova-finale/psicologia/index.html>



ATTACHMENT 5

OFA SYLLABUS

BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS

SYLLABUS BIOLOGY

- Elementary notions of chemistry: the chemical bonds, the molecules.
- Elementary notions on bio-molecules: nucleic acids, proteins, carbohydrates and lipids.
- Basic notions on the structure and the functioning of the eukaryotic cells.
- Theory of heredity and basic notions of genetics.
- Elementary knowledge on the organization of genetic information: chromosomes and genes.

SYLLABUS ANATOMY

- Elementary knowledge of the most important animal tissues: epithelial tissue, connective tissue, muscular tissue, and nervous tissue.
- Elementary knowledge of the locomotor system (Skeletal system, articulations and muscular system).
- Basic knowledge of the nervous system.
- Basic knowledge on the respiratory system.
- Basic knowledge on the cardiovascular system.
- Basic knowledge on the digestive system.

SYLLABUS PHYSICS

- Elementary knowledge on kinematics of a material point
- Knowledge of the principles of dynamics of a material point and principles of forces.
- Knowledge of thermodynamics: heat and temperature



- Knowledge of the electrical fields
- Knowledge of electromagnetic fields

SYLLABUS ITALIAN LANGUAGE

- The text. The communicative solution.
- Structural coherence
- The summary
- Drafting an Original Text
- The Essay
- Notes and Bibliography
- Correspondence and the CV
- Critical Points of Syntax
- Handbook of Orthography
- The Punctuation

SYLLABUS ENGLISH LANGUAGE

- The verb to be; the verb can; have to vs have
- Present simple; Present continuous; Present continuous with future meaning; Past simple; Past simple of to be
- Prepositions of time and prepositions of place and movement
- Possessive adjectives and pronouns; comparative and superlative adjectives
- Adverbs of frequency
- Object personal pronouns
- Countable and uncountable nouns

ATTACHMENT 6

**ENGLISH LANGUAGE CERTIFICATES FOR THE OFA
BACHELOR'S DEGREE IN PHYSICAL EDUCATION AND SPORTS**

| LIST OF CERTIFICATIONS ENGLISH LANGUAGE | | |
|--|------------------------------------|---|
| AUTHORITY | | A2 |
| Cambridge English Language Assessment (part of the University of Cambridge) | General English | KET (Key English Test) |
| | BULATS | 20-39 |
| IELTS (International English Language testing System) | How IELTS is scored | 2.5-3.5 |
| City & Guilds | Levels | IESOL +ISESOL A2 (Access) |
| Trinity College London | Integrated Skills in English (ISE) | ISE 0 |
| ETS | TOEFL iBT | 42-57 |
| Pearson EDEXCEL | | Level 1 Elementary |
| English Speaking Board | | ESB Entry 2 (All modules) |
| L.C.C.I. examination board (London Chamber of Commerce and Industry) | Commerce | Spoken English for Industry & Commerce (SEFIC) – Level 1 |
| | General | English Language Skills Assessment (ELSA) 2 |
| | Tourism | English for Tourism – Level 1 |
| Anglia Ascentis Certificate | | Elementary |
| Aim Awards | | Elementary |
| British Institutes | | A2 |
| Gatehouse Awards | | GA Entry Level Certificate in ESOL International (Entry 2)+ GA Entry Level Certificate in ESOL International (Speaking and Listening) (Entry 2) |
| Department of English, Faculty of Arts - University of Malta | | A2 |
| National Qualifications Authority of Ireland - Accreditation and Coordination of English | | A2 |
| Languagecert | | Access |
| Learning Resource Network LRN | | A2 - LRN Entry Level Certificate in ESOL International - Entry 2 Communication - Speaking and Listening |